



St. Aloisius  
Medical  
Center

SMP Health System

# HEALING FIRE AND LIGHT

Marian Hase—Editor

Staff News

May 2011

We are all God's people taking care of God's people.

## St. Aloisius Happenings May 2011

### 1 **MAYDAY**

2,3 **M&M days**

11 **Health Fair**

12 **Disaster Drill—tornado**

16 **Ethics—12 Noon**

19 **Education Day—8 am**

19 **Risk Mgmt—1pm**

20 **EAP—1 pm**

20 **EAP—2.30 pm**

26 **QI—Noon**

### 30 **MEMORIAL DAY**

31 **Dept. Mgrs.—2 pm**

*Every Tues. Prayer in Chapel 8:30 am*

*Every Wed.—Caring Circle Noon*

### CATERPILLAR

A Joyful 'toon by Mike Waters



In reply Jesus declared, "I tell you the truth, no one can see the kingdom of God unless he is born again." — JOHN 3:3 REV



Second Annual

Many prizes and a whole lot of fun!



## St. Aloisius Medical Center GOLF TOURNAMENT

Wednesday, June 15, 2011  
1:00 p.m.

At the Harvey Golf Course

Hole #5 - First Round - First Hole-In-One - WINS A CAR



4 - Person  
Scramble

Proceeds will go toward purchase of a new gurney for ER.

Call Joe Volk at 701 324-4651



"Call 2-1-1 for help with food, housing, employment, health care, counseling and more."

Effective June 30, 2011, the **211 resource number, Mental Health America of ND Help-Line will be discontinued** due to lack of funding. 2-1-1 provides free and confidential information and referral.



**Angel of the Month**  
**April—none**

### Welcome

to the St. Aloisius Medical Center "Family"

**New Employees—April, 2011**

Courtney Heilman – LTC

Tina Selzler – Dietary

Lindsey Burgard – Dietary

Heven Trevino – Dietary

Sheri Kraft – Med Surg

Debbie Edison – Housekeeping

### St. Aloisius' 29<sup>th</sup> annual

Health, Fitness & Safety Fair!!

"Building a

Healthy Community"

Weds. , May 11 10:00 AM to 4:30 PM

at the Harvey City Hall

### M&M Day Speaker—Philip Dubois

On May 2 & 3, Mr. Dubois gave us a view of nursing home life. 4 years ago, he was badly injured in an automobile accident and became a resident of the nursing home of which he was the administrator. Some of his observations:

When you leave a resident, ask, "Can I do anything else for you? I have the time." This lets your resident know he is not being a burden.

Overhead paging—not in MY home, so should not be in their home either.

Suicide prevention in LTC—speak up. Ask, "Are you thinking about hurting yourself?" "Do you have a plan?" and dare to intervene.

Get a view of what a wheel-chair bound resident sees. Sit in a wheelchair with someone pushing it. Take pictures of what you see at eye level.

If you dare, sit in a wheelchair in the employee parking lot at shift change.



The Gospels and The Healing Mission of Jesus

All of us that work here at St. Aloisius Medical Center, and in other Catholic Health care areas, continue the healing mission of Jesus. We evangelize in the marketplace in the way of St. Francis of Assisi, who said to the effect, "preach the Gospel at all times. When necessary, use words." Our work, following the example of Jesus, continues to proclaim the Good news that the kingdom of God is indeed at hand. We all should ask him to give us the grace to care for our patients' and residents' physical, emotional and spiritual needs as he did for the people who came to him for healing.

"Catholic health care is a response to the challenge of Jesus to go and do likewise. Catholic health care services rejoice in the challenge to Christ's healing compassion to the world and see their ministry not only as an effort to restore and preserve health but also as a spiritual service and a sign of that final healing that will one day bring about the new creation that is the ultimate fruit of Jesus' ministry and God's love for us."

The Church has always sought to embody the Savior's concern for the sick... Jesus healing mission went further than caring only for physical affliction. He touched people at the deepest level of their existence; he sought their physical, mental and spiritual healing." (From the ERD'S) According to the Catholic Healthcare Association, one in six hospitalized patients in the United States is in a Catholic hospital.

"Since a Catholic health care institution is a community of healing and compassion, the care offered is not limited to the treatment of a disease or bodily ailment but embraces the physical, psychological, social and spiritual dimensions of the human person."

"Catholic health care ministry is rooted in a commitment to promote and defend human dignity... The first right of the human person, the right to life, entails a right to the means for the proper development of life, such as adequate health care..

"The inherent dignity of the human person must be respected and protected regardless of the nature of the person's health problem or social status. The respect for human dignity extends to all persons who are served by Catholic health care." (The above information is taken from the Ethical and Religious Directives for Catholic Health Care Services.)

Pastoral Care Department
Sister Mary Agnes Huber

FROM OUR RADIOLOGY DEPARTMENT NEW THINGS!!

The new DIGITAL mammography unit arrived May 2nd, and we will begin using it for patients on May 11th. Having Full Field Digital Mammography (FFDM) here means that women who have been told that they have dense breasts and need to have a digital mammogram, can now have that done here.

We also offer PADnet testing, which is a test to check for peripheral arterial disease. PAD is a circulatory problem in which the blood vessels that carry blood to your arms, legs, brain, kidneys, become narrow or clogged. It can result in leg pain with walking, poor healing of leg sores or ulcers, difficulty controlling blood pressure or symptoms of stroke. People with PAD are at an increased risk for heart attacks and strokes. The test is done right here in the Radiology Dept and takes about 30 minutes.

Saves time, and gas money, as there is no need to leave town, keeping business local!

MAY IS:

Employee Health & Fitness Month National Association for Health and fitness, ACTIVE Life http://www.healthandfitnessmonth.com

National Mental Health Month National Mental Health Association www.nmha.org

Asthma and Allergy Awareness Month www.aanma.org Allergy and Asthma Foundation of America www.aafa.org

Better Sleep Month The Better Sleep Council www.bettersleep.org

May 1 - 7 (first full week in May)

North American Occupational Safety and Health Week (NAOSH) American Society of Safety Engineers www.asse.org/naosh

May 6 - 12 (same dates each year) National Nurses Week American Nurses Association www.nursingworld.org

May 8 - 14 (during week of May 12) National Hospital Week American Hospital Association www.aha.org

May 8 - 14 (Mother's Day week) National Nursing Home Week American Health Care Association www.ahcancal.org/events/nationalnursing\_home\_week/Pages/default.aspx



Check it out!