

Press Release for Kelly Krohn, MD

St. Aloisius Hospital is pleased to announce the addition of Dr. Kelly Krohn to the medical staff who will be seeing patients at the recently opened St Aloisius Medical Clinic. Dr. Krohn will limit his practice to patients with osteoporosis and patients with knee pain (osteoarthritis).

Dr. Kelly Krohn is currently the Medical Director of Bone Health at the CORE Institute in Phoenix and the Chief, Center of Bone Health at Banner University Hospital, U of AZ College of Medicine, Phoenix, Arizona. His practice and clinical research in Phoenix is limited to metabolic bone diseases like osteoporosis and patients with knee osteoarthritis.

Prior to joining the orthopedic department in Phoenix, Dr. Krohn served as a Senior Medical advisor for Lilly between 2006 and 2016 working on the osteoporosis team on a medication called teriparatide which stimulates new bone formation in patient with osteoporosis. He was responsible for research in osteoporosis internationally and provided medical support to physicians all over the world with complex osteoporosis patients. Prior to joining Lilly in 2006 Dr. Krohn served as Director of Clinical Research at Mercy Hospital in Pittsburgh. He previously served as the rheumatology fellowship program director at the Oregon Health and Sciences University in Portland, OR where he had a joint appointment in Medicine and Orthopedics.

Dr. Krohn is the author of peer reviewed clinical studies and book chapters in the field of osteoporosis and osteoarthritis. He has lectured all over the US, Europe, Asia, South America, Russia and Canada.

Dr. Krohn is a graduate of Creighton University School of Medicine in Omaha, NE. He completed his internal medicine training at Creighton and then did a rheumatology fellowship at Indiana University in Indianapolis. Dr. Krohn is a graduate of Harvey High School and a proud member of the Harvey City Band, playing in almost every 4th of July parade since 1972. His parents, Marge and Odell Krohn, owned Krohn Service Drug in Harvey for many years. Kelly worked at the drugstore and was positively influenced to pursue a medical career by the examples of Lowell Boyum, MD, Curt Nyhus, MD, and Necito Montaniel, MD. Kelly worked in St. Aloisius hospital in central supply and assisted Dr. Montaniel in surgery when he was a college student at University of Jamestown. Dr. Krohn purchased his family horse farm near the Harvey Country Club 8 years ago and followed his father's footsteps as a horse lover.

Dr. Krohn will be seeing patient one Friday per month. He will be working with the other physicians and ANP/PA's to provide state of the art care for patients who have had fractures and are at risk for future fractures. St. Aloisius has recently purchased a new DXA machine which is a way to estimate bone mineral density which is used to assess risk of future fractures. Dr. Krohn will be working with the radiology technicians to perform the test at a very high level of quality. He has been working with various bone density technologies for over 30 years.

Patients over 50 who have had a broken bone with minimal trauma (for example a fall from a standing height) should consider a bone health evaluation. Women over 65 and men over 70 should be considered for assessment of BMD by DXA with a medical consult to determine their risk for future fractures. Fracture such as hip fracture can be life changing and sometimes life threatening. There is a medical workup to determine why someone has fragile bones and there are effective interventions including good nutrition, exercise and when appropriate, pharmacologic agents to reduce fractures in patients at risk.

Dr. Krohn is very interested in aggressive exercise and weight loss to reduce knee arthritis pain. As a mediocre Harvey Hornet running back he suffered a severe knee injury in 1973. This led to the development of knee arthritis in his early 30's. This experience influenced his medical career. He has done many studies on exercise, weight loss, knee braces, injections and medications for knee arthritis. At age 61 he is still playing tennis on that injured knee so he practices what he preaches.

Appointments can be made to see Dr. Krohn at the St. Aloisius Medical Clinic by calling 701-324-5131.